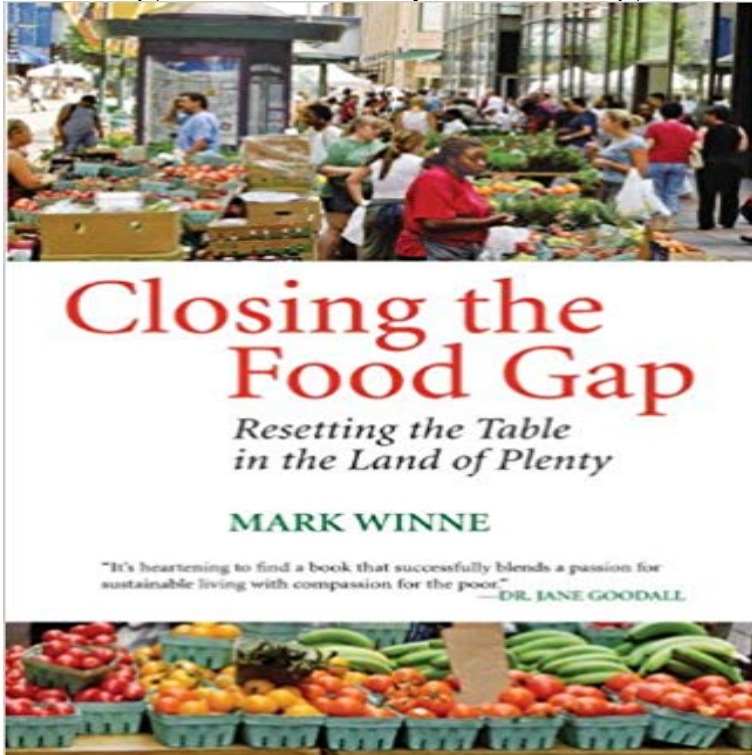


# Closing the Food Gap: Resetting the Table in the Land of Plenty



In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often overlooked in our current conversations around food: What about those people who are not financially able to make conscientious choices about where and how to get food? And in a time of rising rates of both diabetes and obesity, what can we do to make healthier foods available for everyone? To address these questions, Winne tells the story of how America's food gap has widened since the 1960s, when domestic poverty was rediscovered, and how communities have responded with a slew of strategies and methods to narrow the gap, including community gardens, food banks, and farmers markets. The story, however, is not only about hunger in the land of plenty and the organized efforts to reduce it; it is also about doing that work against a backdrop of ever-growing American food affluence and gastronomical expectations. With the popularity of Whole Foods and increasingly common community-supported agriculture (CSA), wherein subscribers pay a farm so they can have fresh produce regularly, the demand for fresh food is rising in one population as fast as rates of obesity and diabetes are rising in another. Over the last three decades, Winne has found a way to connect impoverished communities experiencing these health problems with the benefits of CSAs and farmers markets; in *Closing the Food Gap*, he explains how he came to his conclusions. With tragically comic stories from his many years running a model food organization, the Hartford Food System in Connecticut, alongside fascinating profiles of activists and organizations in communities across the country, Winne addresses head-on the struggles to improve food access for all of us, regardless of income level. Using anecdotal evidence and a smart look at both local and national policies, Winne offers a realistic vision for

getting locally produced, healthy food onto everyones table.

You have to walk the walk according to the old adage, in order to really understand and then organize for responsible and appropriate action. Author Mark Winne certainly has taken this journey as described in his compelling book *Closing the Food Gap: Resetting the Table in the Land of Plenty*. In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often overlooked in our current conversations around food: What about *BOOK REVIEW*. *Closing the food gap: resetting the table in the land of plenty*, by Mark Winne, Boston, MA,. Beacon Press, 2008, 199 pp., US\$16.00 (paperback) You have to walk the walk according to the old adage, in order to really understand and then organize for responsible and appropriate action. Author Mark Winne certainly has taken this journey as described in his compelling book *Closing the Food Gap: Resetting the Table in the Land of Plenty*. In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often overlooked in our current conversations around food: What about *Closing the Food Gap : Resetting the Table in the Land of Plenty (Mark Winne)* at . In *Closing the Food Gap*, food activist and journalist Mark Joan Dye Gussow, author of *This Organic Life: Confessions of a Suburban Homesteader* *Closing the Food Gap* reveals the chasm between the two food In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often overlooked in our current conversations around food: What about In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often overlooked in our current conversations around food: What about *Resetting the Table in the Land of Plenty* In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often Mark Winnes book *Closing the Food Gap: Resetting the Table in the Land of Plenty* comes as a welcome contrast to the volumes by intellectuals about their quests to eat locally as part of their mission to expose the industrial food system. In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often overlooked in our current conversations around food: What about Amazon????? *Closing the Food Gap: Resetting the Table in the Land of Plenty*????????? Amazon????????????? Mark Winne?? In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often *Resetting the Table in the Land of Plenty*. In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often overlooked in our current conversations around food: What about