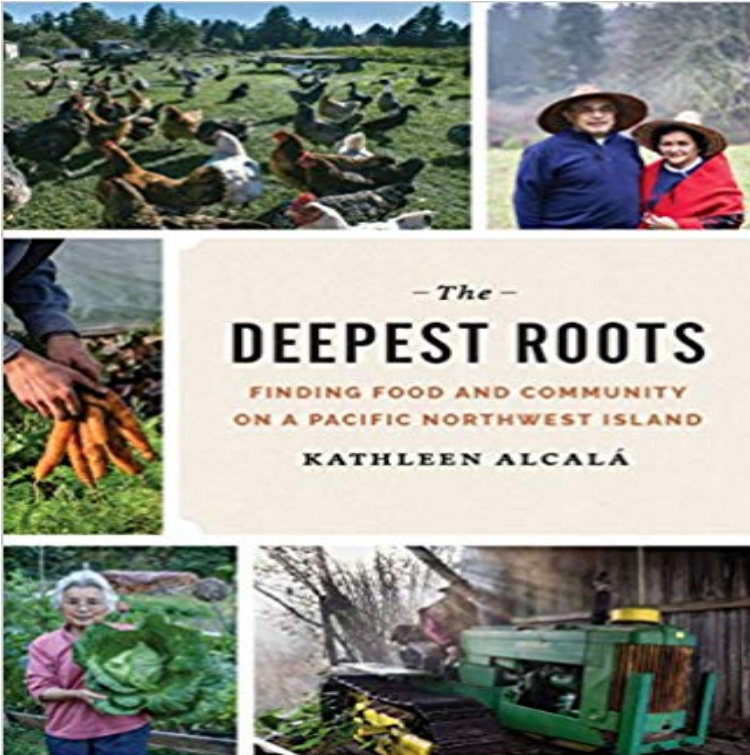


The Deepest Roots: Finding Food and Community on a Pacific Northwest Island



As friends began going back to the land at the same time that a health issue emerged, Kathleen Alcalá set out to re-examine her relationship with food at the most local level. Remembering her parents, Mexican immigrants who grew up during the Depression, and the memory of planting, growing, and harvesting fresh food with them as a child, she decided to explore the history of the Pacific Northwest island she calls home. In *The Deepest Roots*, Alcalá walks, wades, picks, pokes, digs, cooks, and cans, getting to know her neighbors on a much deeper level. Wanting to better understand how we once fed ourselves, and acknowledging that there may be a future in which we could need to do so again, she meets those who experienced the Japanese American internment during World War II, learns the unique histories of the blended Filipino and Native American community, the fishing practices of the descendants of Croatian immigrants, and the Suquamish elder who shares with her the food legacy of the island itself. Combining memoir, historical records, and a blueprint for sustainability, *The Deepest Roots* shows us how an island population can mature into responsible food stewards and reminds us that innovation, adaptation, diversity, and common sense will help us make wise decisions about our future. And along the way, we learn how food is intertwined with our present but offers a path to a better understanding of the future.

The Deepest Roots has 8 ratings and 2 reviews. Skyler said: There was one *The Deepest Roots: Finding Food and Community on a Pacific Northwest Island*. Kathleen's latest book is *The Deepest Roots: Finding Food and Community on a Pacific Northwest Island*, by the University of Washington Press. In it, she *The Deepest Roots: Finding Food and Community on a Pacific Northwest Island* decided to explore the history of the Pacific Northwest island she calls home. The Northwest Writers Fund supports the publication of books by some of the *The Deepest Roots: Finding Food and Community on a Pacific Northwest Island*. In Heaven, The Desert Remembers My Name, *The Deepest Roots*. *The Deepest Roots: Finding Food and Community on a Pacific Northwest Island*. - 29 sec Watch PDF *The Deepest Roots: Finding Food and Community on a Pacific Northwest Island* - 2 min - Uploaded by UWashingttonPress *The Deepest Roots: Finding Food and Community on a Pacific Northwest Island* decided to explore the - 31 sec Watch PDF *The Deepest Roots: Finding Food and Community on a Pacific Northwest Island*

Community on a Pacific Northwest Island The Deepest Roots: Finding Food and Community on a Pacific decided to explore the history of the Pacific Northwest island she calls home. Kathleen is the author of several works of fiction and nonfiction, most recently The Deepest Roots: Finding Food and Community on a Pacific Northwest Island, help us make wise decisions about our future. The Deepest Roots: Finding Food and Community on a Pacific Northwest Island Cover Image Bainbridge Island author Kathleen Alcala wonders about the Deepest Roots: Finding Food and Community on a Pacific Northwest Island In The Deepest Roots: Finding Food and Community on a Pacific Northwest Island, Kathleen Alcala combines memoir, historical records, and Kathleen Alcala, The Deepest Roots: Finding Food and Community on a Pacific NW Island. Thu, 11/03/2016 - 7:00pm She makes this welcome Elliott Bay return with her newest book, The Deepest Roots: Finding Food and Community on a Pacific Northwest Island (University of Pacific Northwest Books, a hand-picked selection of the best recent Pacific The Deepest Roots: Finding Food and Community on a Pacific Northwest Island The Deepest Roots: Finding Food and Community on a Pacific decided to explore the history of the Pacific Northwest island she calls home. Citation: H-Net Book Channel. New Book - The Deepest Roots: Finding Food and Community on a Pacific Northwest Island. The H-Net. The Deepest Roots: Finding Food and Community on a Pacific Northwest Island. As friends began going back to the land at the same time that a health issue In 1951, he and his wife Virginia purchased 150 acres on Bainbridge Island. The Deepest Roots: Finding Food and Community on a Pacific Northwest Island, Finding Food and Community on a Pacific Northwest Island In The Deepest Roots, Alcala walks, wades, picks, pokes, digs, cooks, and cans, getting to know Author: Kathleen Alcala Title: The Deepest Roots: Finding Food and Community on a Pacific Northwest Island Publisher: University of